

# ★ Open Gym ★

Wednesday 12:00 - 2:00 pm

Friday\* 9:00 - 11:00 am

Friday 7:30 - 9:30 pm

Saturday 5:00 - 7:00 pm

**Cost: \$5/hour per child  
(under 2 = Free)**

**\*Friday AM - Ages 7 & under ONLY**



## Birthday Parties

**Packages include:**

**1 HOUR GYM TIME**

Make an obstacle course, jump on trampolines, swing on the bars, and so much more!

**30 MINUTES IN PARTY ROOM**

Bring your own treats and open gifts

**SOUVENIR SHIRT**

Signed by your guests

**Prices starting at \$175**

# Tuition

**11 Week Session**

### 45 Minute Class

Gymnastics/Strength/Flex	\$214.50
Ninja	\$225.50

### 60 Minute Class

Gymnastics/Strength	\$225.50
Ninja	\$236.50

### 90 Minute Class

Gymnastics	\$280.50
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**New Student Registration Fee: \$35**

**Annual Registration Renewal: \$30**

### Tuition Discounts

Discounts are calculated in order of highest to lowest tuition costs.

2nd Sibling	10% off
3rd Sibling	15% off
2nd Class (same student)	25% off
3rd class (same student)	50% off

Athletes in our competitive team programs fall under a different discount structure. Contact the front desk for details and registration.

# REC CLASS

# SCHEDULE



**2024 - Session 5 Winter 1**

**11 Weeks**

**October 27th - January 11th**

**(815) 759-1400**

[www.myfirehousegym.com](http://www.myfirehousegym.com)

[firehousegym1@aol.com](mailto:firehousegym1@aol.com)

**2506 Hiller Ridge  
Johnsburg, IL 60051**

# Gymnastics

## Parent & Me (18 mo - 3 yrs)

WED	9:45 - 10:30 am	Coach Chloe
SAT	8:45 - 9:30 am	Coach Faithe
SAT	9:30 - 10:15 am	Coach Angelica

## Preschool Gymnastics (3 - 4 yrs)

MON	5:00 - 5:45 pm	Coach Chloe
MON	6:00 - 6:45 pm	Coach Chloe
TUES	4:30 - 5:15 pm	Coach Chloe
WED	9:45 - 10:30 am	Coach Madeleine
WED	10:45 - 11:30 am	Coach Chloe
WED	4:30 - 5:15 pm	Coach Maddi H
THURS	5:45 - 6:30 pm	Coach Chloe
SAT	8:45 - 9:30 am	Coach Angelica
SAT	10:15 - 11:00 am	Coach Angelica

## Kinder-2nd gr Gymnastics (5 - 8 yrs)

MON	6:30 - 7:30 pm	Coach Madeleine
TUES	6:00 - 7:00 pm	Coach Victoria
WED	5:15 - 6:15 pm	Coach Maddi H
THURS	4:30 - 5:30 pm	Coach Victoria
SAT	9:00 - 10:00 am	Coach Madeleine
SAT	11:00a-12:00p	Coach Faithe

## 1st -3rd gr & Up Gymnastics (7-14 yrs)

MON	7:00 - 8:00 pm	Coach Victoria
THURS	6:30 - 7:30 pm	Coach Chloe

## Shooting Stars Gymnastics (5+ yrs)

Enrollment by invitation or evaluation

MON	5:30 - 7:00 pm	Coach Victoria
THURS	5:30 - 7:00 pm	Coach Victoria
SAT	9:30 - 11:00 am	Coach Faithe

## Ninja Zone

### Lil' Ninjas (3 - 5 yrs)

THURS	5:15 - 6:00 pm	Coach Nathan
SAT	9:45 - 10:30 am	Coach Izzy

### Ninja White (6 - 11 yrs)

MON	5:30 - 6:30 pm	Coach Madeleine
THURS	6:00 - 7:00 pm	Coach Nathan
SAT	10:00 - 11:00 am	Coach Madeleine

## Power House Programs

### Strength, Speed & Agility (6+ yrs)

MON	6:00 - 6:45 pm	Coach Tom
THURS	7:00 - 8:00 pm	Coach Tom

### Adv. Strength, Speed & Agility (9+ yrs)

MON	5:15 - 6:00 pm	Coach Tom
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## Cheer

### Cheer 101 (ages 5 - 10)

THURS	6:30 - 7:30 pm	Hannah
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### Hyper Flex (ages 5 - 12)

WED	4:30 - 5:15 pm	Coach Amaris
SUN	5:30 - 6:15 pm	Coach Kaylee

# Tumbling

## Beginner Tumble 1 (4+ yrs)

MON	4:00 - 5:00 pm	Coach Chloe
MON	4:30 - 5:30 pm	Coach Victoria
TUES	4:45 - 5:45 pm	Coach Victoria
WED	4:15 - 5:15 pm	Coach Chloe
WED	6:15 - 7:15 pm	Coach Madeleine
THURS	4:45 - 5:45 pm	Coach Kristy
SAT	8:45 - 9:45 am	Coach Izzy

## Beg/Inter Tumble 1/2 (4+ yrs)

WED	5:15 - 6:15 pm	Coach Amaris
THURS	7:00 - 8:00 pm	Coach Victoria
SAT	11:00a - 12:00p	Coach Madeleine

## Intermediate Tumble 2 (5+ yrs)

MON	4:30 - 5:30 pm	Coach Kristy
MON	7:00 - 8:00 pm	Coach Chloe
TUES	7:15 - 8:15 pm	Coach Victoria
THURS	4:45 - 5:45 pm	Coach Chloe
THURS	7:30 - 8:30 pm	Coach Chloe

## Advanced Tumble 3/4/5 (7+ yrs)

MON	4:00 - 5:00 pm	Coach Brittany
THURS	7:45-8:45 pm (3/4)	Coach Angelica

**Please make note of gym closures for this session's holidays!**

Thursday, 10/31: Halloween  
 Wed/Thurs, 11/27 & 28: Thanksgiving  
 Tues - Thurs, 12/24-26: Christmas  
 Tues/Wed, 12/31 & 1/1: New Years