



Welcome to the Fire Family!

General Information:

- We are so excited to have you a part of our fun and loving Fire Family!
- Our Half Season novice cheer program is great for beginners.
- Every athlete makes a team!
- Practices are either Sunday or Tuesday night (depending on your team).
- All families must download the complimentary communication app "BAND". Accept your email invitation upon registration. BAND is the main mode of communication.
- All practices, showcases and competitions are mandatory.
- Absences must be communicated to the Program Director via BAND messaging.
- Excused absences:
 - School functions resulting in a grade
 - Family emergencies
 - Contagious illness/doctor's note
- Unexcused absences:
 - Birthdays or family gatherings
 - Homework
 - Withholding practice as a disciplinary consequence
 - Extra-curricular activities/ sports
 - No ride to practice
 - Sick or Injured
 - If an athlete is injured, it is still important to attend practice in case any changes are made and to support their team. All athletes are very important!
 - A doctor's note is required to resume practice after an injury.
- Any unexcused absence 14 days prior to or any absence (excused or unexcused) 7 days prior to a competition may result in the athlete not competing (without a refund).
- Athletes must arrive practice ready in assigned practice outfit, hair up and cheer shoes. No jewelry or long/fake nails.
- Athletes should always be enrolled in a tumbling class to perfect and build skills.
 - Athletes receive a 40% discount on rec classes and FREE open gym!
 - Cheer Team Members are eligible for our exclusive Cheer Tumble program!
- There will be a \$50 fee if an athlete is 20 minutes (or more) late to their report time at competition.
- There is also a \$50 fee if an athlete chooses to leave before awards
- Athletes should arrive to practice on time with their hair pulled back in a ponytail, with white cheer shoes on and a labeled water bottle.
 - Cheer shoes can be purchased on your own. Any all-white, low top cheer shoe will suffice.
 - These will also be used at competitions.
- Parents are not allowed inside the gym at any time, no exceptions.

24-25 HALF SEASON CHEER INFORMATION



- Parents are welcome to either drop off/pick up athletes or stay in the cheer/gymnastics lobbies during practice.
- Athletes represent Fire House Gym inside and outside of the gym. Continue to always display our amazing positivity and role model behavior (including on social media)! 😊
- Parents are what make this all happen! We love our Fire parents and everything they do for their kids. Please display positive behavior and wear family-friendly attire at events and competitions where we are representing Fire House Gym.
 - Support your athlete and the coaches.
 - Find what motivates your athlete and utilize it.
 - Trust the process and respect the coaches' decisions.

Important Dates:

- January 5: New athlete uniform fitting & first Embers practice
- January 7: First Sparklers & Phoenix practice
- March 15 & 16: Spirit American - Spring Training Competition (2 days) - Dekalb, IL
- April 5 - Xtreme Spirit - Elite Nationals Competition - Libertyville, IL
- April 12 - Fire Finale

Costs & Pricing:

One-Time Fees		
Fee	Amount	Due Date
Practice T Shirt	FREE	N/A
Annual Team Fee	\$50	1/6
Music	\$50	1/6
Uniform <i>(Not needed if you have last year's uniform)</i>	\$195	1/13
Competition Bow <i>(Not needed if you have Fall Season 2024's bow)</i>	\$35	1/13
Competition Fee - Spring Training	\$120	2/3
Competition Fee - Elite Nationals	\$140	3/3

Monthly Tuition (Jan-Apr)		
Team	Amount	Due Date
Tiny (Sparklers)	\$75	1/6, 2/3, 3/3 and 4/1
Mini (Embers)	\$85	
Youth (Phoenix)	\$95	