



Welcome to the Fire Family!

2025-2026 Full Season Cheer Information

General Information:

- Our Full Season program consists of competitive cheerleading teams, ranging in ages 4-19. Boys and girls are welcome!
- Novice, Prep level and Elite level teams may be offered. We have teams for all skill levels, ranging from beginners to advanced cheerleaders!
- Season runs May-April/May
- 7 competitions, some requiring overnight stay(s)
- Practices are 2 days per week.
 - To optimize gym space, practice days will be Sunday-Friday.
 - Practices can be added throughout the season at coaches' discretion.
 - **Practices should take priority over birthdays, family gatherings, and other sports/extracurricular activities.**
 - Attendance will be recorded.
- All camps and competitions are mandatory.
 - Pre-planned, out-of-town absences are the only absences allowed.
 - Notify Cheer Director of any conflicts by the first practice.
 - Absent athletes will be required to find a fill-in athlete for camps and competitions.
 - Stunt camp fill-ins need to be the same size and stunt position of the missing athlete.
 - Choreography fill-ins can be anyone.
- Vacations are allowed (and encouraged)! 😊 They should be taken in the summer (outside of stunt and choreography camp) or during holiday weeks.

Team Placements

- You **MUST** pre-register for full season team placements **before 5/11!** It is FREE!
 1. Visit www.myfirehousegym.com
 2. Click on Client Portal
 3. Click on Camps
 4. Search for Cheer Team Placement Registration (followed by birth year)
 - Your birth year will determine your 1st week time slot. You will get a confirmation email with your scheduled time.
 - If you are unable to attend your assigned time slot, please register for Cheer Team Placement Registration Make Ups.
 - If you are unable to attend any dates that week, please email firehouse.jaclyn@gmail.com to set up a private evaluation.
 5. After you register, you will receive an email with an invitation to join the 2025-2026 Cheer Program BAND within 1-3 days. Please download the app and join this BAND immediately as communication will begin there right away.
 - There are 2 parts to team placements:
 - Part 1 (Jumps & Tumbling)
 - Dates: 5/12-5/15
 - Athletes individually showcase their best toe touch, standing tumbling pass, and running tumbling pass.
 - Date/time assigned by birth year
- | Birth Year | Date | Time |
|-------------|-----------------|----------|
| 2020 | Monday, 5/12 | 5-6PM |
| 2018 & 2019 | Monday, 5/12 | 6-7:30PM |
| 2016 & 2017 | Tuesday, 5/13 | 5-7PM |
| 2006-2011 | Tuesday, 5/13 | 7-8:30PM |
| 2012-2015 | Wednesday, 5/14 | 5-8PM |
| Makeups | Thursday, 5/15 | 5-6PM |
- Part 2 (Stunting):
 - Dates: 5/19-5/22
 - Athletes will be assigned to 1-2 time slots to return to stunt in a group environment.
 - Part 2 date/time assignments will be emailed by Sunday, 5/18.
- Teams are formed by birth year, skill level, stunt positions, attitude, work ethic, and attendance.
 - Team size/levels are selected based upon the number and skill level of athletes that are present for Team Placements.
 - Coaches utilize scoresheet rubrics to select the best combinations that will give all teams a fair and equitable chance of being successful.
- Team rosters and divisions are not final. Rosters can/will change at any point throughout the season, and team divisions are also subject to change.
- The following factors are considered when placing athletes on teams:
 - Tumbling level & technique
 - Stunting experience, position (i.e. Flyer, Base, Backspot), & strength/flexibility
 - Jump technique
 - Previous years' attitude, work ethic, and attendance
 - Previous years' contribution to Fire House Gym's positive culture/mission.

Age Grid/Team Sizes

- Fire House Gym will be utilizing *The Open Championships'* age grids/team sizes to form teams.

Birth Year	Age Group
2018-2020	Tiny
2016 & 2017	Mini
2012-2015	Youth
2009-2011	Junior
2006-2008	Senior
2005 and earlier	Open

Team Size	# of Athletes
Extra Small	7-15
Small	16-23
Medium	24-31

*Exceptions can be made for athletes to move to an older age group if there is a need.

Mandatory Dates (not including competitions)

- April 24 6-7:30PM: Informational parent meetings (Returning families)
- April 28: 6-7:30PM: Informational parent meetings (New families)
- May 12-15 & May 19-22: Team Placements
- May 25: Team Reveal
- June 16-20: Stunt Camp (Can be AM or PM - Times communicated after Team Reveal)
- July 21-25: Choreography Camp (Can be AM or PM - Times communicated after Team Reveal)

Optional Fun Events (dates TBD):

- Throughout the season: Team Bonding events
- August: Letters to Veterans
- August/September: Cheer Program BBQ
- September: Saufen und Spiel Johnsburg Parade
- December: Feed my Starving Children
- April/May: End of Season banquets

No Practice Dates - book your vacation!

- July 2-8
- September 1
- October 31
- November 23-29
- December 21-January 3
- March 22-28

Costs & Pricing:

- **Sibling Discounts!**
 - 25% off each sibling's monthly tuition
 - The highest tuition is paid at full price. Siblings with the lower tuition receive a discount.
- **Tuition Discounts!**
 - All 12 months of Cheer Team & Tumbling Tuition paid in full by 6/15 receive a 10% discount.
 - 40% discount on any Rec classes taken outside of required tumbling class.

- **Fundraising:**

- Several fundraisers will be available throughout the season.
- Fundraisers are done independently, and Fire House Gym does not profit from any of the funds raised.
- All funds raised by the athlete go directly into the athlete's individual account and are not pooled.

Tiny Prep/Elite (Birth years 2018-2020 only)		
Due Date	Fee	Amount
5/28	Annual Team Fee	\$100
6/1	T Shirt	\$20
6/1	Music, Stunt Camp, Choreography Camp	\$100
7/6	Uniform (Not needed for Full Season Cheer returners) (Used uniforms may be available for lower cost)	\$210
8/3	Competition Bow	\$35
Varies	Competition Fees	TBA
N/A	UNLIMITED open gym	FREE
First Monday of each month (Beginning 6/1) Exception: May tuition due 5/28	Monthly Team Tuition	\$113
First Monday of each month (Beginning 6/1)	Monthly Tumbling Tuition	\$50
First Monday of each month (Beginning 6/1)	Flyer Class Monthly Tuition *Flyers only*	\$20

Novice & Prep		
Due Date	Fee	Amount
5/28	Annual Team Fee	\$100
6/1	Music, Stunt Camp, Choreography Camp - Payment 1	\$125
6/1	T Shirt	\$20
7/6	Music, Stunt Camp, Choreography Camp - Payment 2	\$125
7/6	Uniform (Not needed for Full Season Cheer returners) (Used uniforms may be available for lower cost)	\$210
8/3	Competition Bow	\$35
8/3	Music, Stunt Camp, Choreography Camp - Payment 3	\$125
Varies	Competition Fees	TBA
N/A	UNLIMITED open gym	FREE
First Monday of each month (Beginning 6/1) Exception: May tuition due 5/28	Monthly Team Tuition	\$144
First Monday of each month (Beginning 6/1)	Monthly Tumbling Tuition	\$50
First Monday of each month (Beginning 6/1)	Flyer Class Monthly Tuition *Flyers only*	\$20

Elite		
Due Date	Fee	Amount
5/28	Annual Team Fee	\$220
6/1	Music, Stunt Camp, Choreography Camp - Payment 1	\$175
6/1	T Shirt	\$20
7/6	Music, Stunt Camp, Choreography Camp - Payment 2	\$175
7/6	Uniform (Not needed for Full Season Cheer returners) (Used uniforms may be available for lower cost)	\$210
8/3	Competition Bow	\$35
8/3	Music, Stunt Camp, Choreography Camp - Payment 3	\$175
Varies	Competition Fees	TBA
TBA	All Star Worlds - Competition Fee, Coaches Fee, & Travel	TBA
N/A	UNLIMITED open gym	FREE
First Monday of each month (Beginning 6/1) Exception: May tuition due 5/28	Monthly Team Tuition	\$174
First Monday of each month (Beginning 6/1)	Monthly Tumbling Tuition	\$50
First Monday of each month (Beginning 6/1)	Flyer Class Monthly Tuition *Flyers only*	\$20