

★ Open Gym ★

Wednesday 12:00 - 2:00 pm

Friday* 9:00 - 11:00 am

Friday 7:30 - 9:30 pm

Saturday 5:00 - 7:00 pm

Cost: \$5/hour per child
(under 2 = Free)

***Friday AM - Ages 7 & under ONLY**



Birthday Parties

Packages include:

1 HOUR GYM TIME

Make an obstacle course, jump on trampolines, swing on the bars, and so much more!

30 MINUTES IN PARTY ROOM

Bring your own treats and open gifts

SOUVENIR SHIRT

Signed by your guests

Prices starting at \$175

Tuition

11 Week Session

45 Minute Class

| | |
|---------------------|----------|
| Gymnastics/Strength | \$220.99 |
|---------------------|----------|

60 Minute Class

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|-------------------|----------|
| Gymnastics/Tumble | \$232.32 |
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|-------|----------|
| Ninja | \$243.65 |
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90 Minute Class

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|---------------------------|----------|
| Shooting Stars Gymnastics | \$288.97 |
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New Student Registration Fee: \$35

Annual Registration Renewal: \$30

Tuition Discounts

Discounts are calculated in order of highest to lowest tuition costs.

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| 2nd Sibling | 10% off |
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| 3rd Sibling | 15% off |
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| 2nd Class (same student) | 25% off |
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| 3rd class (same student) | 50% off |
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Athletes in our competitive team programs fall under a different discount structure. Contact the front desk for details and registration.

REC CLASS

SCHEDULE



2025 - Session 4 Fall

11 Weeks

August 10th - October 25th

(815) 759-1400

www.myfirehousegym.com

firehousegym1@aol.com

**2506 Hiller Ridge
Johnsburg, IL 60051**

Gymnastics

Parent & Me (18 mo - 3 yrs)

| | | |
|-----|-----------------|----------------|
| WED | 9:45 - 10:30 am | Coach Kristin |
| THU | 5:45-6:30pm | Coach Sarah |
| SAT | 8:30-9:15am | Coach Angelica |
| SAT | 9:15-10:00am | Coach Angelica |

Preschool Gymnastics (3 - 4 yrs)

| | | |
|-----|------------------|-----------------|
| MON | 5:00 - 5:45 pm | Coach Chloe |
| MON | 6:00 - 6:45 pm | Coach Chloe |
| TUE | 4:15 - 5:00 pm | Coach Angelica |
| WED | 9:45 - 10:30 am | Coach Madeleine |
| WED | 10:45 - 11:30 am | Coach Kristin |
| THU | 4:00-4:45pm | Coach Chloe |
| THU | 5:45-6:30pm | Coach Chloe |
| SAT | 8:30-9:15am | Coach Izzy |
| SAT | 9:15-10:00am | Coach Izzy |

Kinder-2nd gr Gymnastics (5 - 8 yrs)

| | | |
|-----|----------------|-----------------|
| TUE | 6:00 - 7:00 pm | Coach Fire |
| WED | 5:15 - 6:15 pm | Coach Victoria |
| THU | 4:30 - 5:30 pm | Coach Sophia |
| THU | 6:15-7:15 | Coach Abbi |
| SAT | 8:30-9:30am | Coach Madeleine |

1st -3rd gr & Up Gymnastics (7-14 yrs)

| | | |
|-----|----------------|--------------|
| MON | 7:00 - 8:00 pm | Coach Sophia |
| THU | 7:15-8:15pm | Coach Abbi |

Shooting Stars Gymnastics (5+ yrs)

Enrollment by invitation or evaluation

| | | |
|-----|----------------|-----------------|
| MON | 5:30 - 7:00 pm | Coach Sophia |
| WED | 6:15-7:45 | Coach Victoria |
| SAT | 9:30-11:00am | Coach Madeleine |

Ninja Zone

Ninja White (6 - 11 yrs)

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|-----|------------------|--------------|
| THU | 5:30-6:30pm | Coach Sophia |
| SAT | 10:00 - 11:00 am | Coach Izzy |

Power House Programs

Strength, Speed & Agility (6+ yrs)

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| MON | 5:15-6:00pm | Coach Tom |
|-----|-------------|-----------|

Adv. Strength, Speed & Agility (9+ yrs)

Enrollment by invitation or evaluation

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|-----|-------------|-----------|
| MON | 6:00-6:45pm | Coach Tom |
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Silks

Aerial Silks (ages 7+)

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| SAT | 9:00 - 10:00am | Coach Kyla |
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Cheer

Cheer 101 (ages 5 - 10)

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| THU | 6:30 - 7:30 pm | Coach Sophia |
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Hyperflex (ages 5+)

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| SUN | 4:15-5:00 | Coach Kaylee |
| SUN | 5:30-6:15 | Coach Kristin |
| MON | 6:00-6:45pm | Coach Kristin |

Tumbling

Beginner Tumble 1 (4+ yrs)

| | | |
|-----|----------------|----------------|
| MON | 4:00 - 5:00 pm | Coach Chloe |
| TUE | 5:00-6:00 | Coach Angelica |
| TUE | 5:45-6:45pm | Coach Chloe |
| WED | 4:15 - 5:15 pm | Coach Victoria |
| WED | 6:15 - 7:15 pm | Coach Abbi |
| THU | 4:30-5:30pm | Coach Izzy |
| THU | 6:30-7:30pm | Coach Chloe |

Beg/Inter Tumble 1/2 (4+ yrs)

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|-----|-------------------|-----------------|
| TUE | 7:15-8:15pm | Coach Izzy |
| SAT | 11:00 a - 12:00 p | Coach Madeleine |

Intermediate Tumble 2 (5+ yrs)

| | | |
|-----|----------------|-----------------|
| MON | 4:30 - 5:30 pm | Coach Madeleine |
| MON | 7:00 - 8:00 pm | Coach Chloe |
| WED | 5:00-6:00pm | Coach Amaris |
| THU | 4:45 - 5:45 pm | Coach Sarah |
| THU | 7:30 - 8:30 pm | Coach Chloe |

Inter/Adv Tumble 2/3 (5+ yrs)

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| SAT | 10:00-11:00am | Coach Angelica |
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Advanced Tumble 3/4/5 (7+ yrs)

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|-----|----------------|----------------------|
| MON | 4:00 - 5:00 pm | Coach Mario (3/4/5) |
| TUE | 7:00-8:00pm | Coach Angelica (3/4) |
| FRI | 4:00-5:00 | Coach Mario (3/4/5) |