

★ Open Gym ★

Wednesday 12:00 - 2:00 pm

Friday* 9:00 - 11:00 am

Friday 7:30 - 9:30 pm

Saturday 5:00 - 7:00 pm

Cost: \$5/hour per child
(under 2 = Free)

***Friday AM - Ages 7 & under ONLY**



Birthday Parties

Packages include:

1 HOUR GYM TIME

Make an obstacle course, jump on trampolines, swing on the bars, and so much more!

30 MINUTES IN PARTY ROOM

Bring your own treats and open gifts

SOUVENIR SHIRT

Signed by your guests

Prices starting at \$175

Tuition

11 Week Session

45 Minute Class

Gymnastics/Strength	\$220.99
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60 Minute Class

Gymnastics/Tumble	\$232.32
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Ninja	\$243.65
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90 Minute Class

Shooting Stars Gymnastics	\$288.97
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New Student Registration Fee: \$35

Annual Registration Renewal: \$30

Tuition Discounts

Discounts are calculated in order of highest to lowest tuition costs.

2nd Sibling	10% off
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3rd Sibling	15% off
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2nd Class (same student)	25% off
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3rd class (same student)	50% off
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Athletes in our competitive team programs fall under a different discount structure. Contact the front desk for details and registration.

REC CLASS

SCHEDULE



2025 - Session 4 Fall

11 Weeks

August 10th - October 25th

(815) 759-1400

www.myfirehousegym.com

firehousegym1@aol.com

**2506 Hiller Ridge
Johnsburg, IL 60051**

Gymnastics

Parent & Me (18 mo - 3 yrs)

WED	9:45 - 10:30 am	Coach Kristin
THU	5:45 - 6:30pm	Coach Sarah
SAT	8:30 - 9:15am	Coach Angelica
SAT	9:15 - 10:00am	Coach Angelica

Preschool Gymnastics (3 - 4 yrs)

MON	5:00 - 5:45 pm	Coach Chloe
MON	6:00 - 6:45 pm	Coach Chloe
TUE	4:15 - 5:00 pm	Coach Angelica
WED	9:45 - 10:30 am	Coach Madeleine
WED	10:45 - 11:30 am	Coach Kristin
THU	4:00 - 4:45pm	Coach Chloe
THU	5:45 - 6:30pm	Coach Chloe
SAT	8:30 - 9:15am	Coach Izzy
SAT	9:15 - 10:00am	Coach Izzy

Kinder-2nd gr Gymnastics (5 - 8 yrs)

TUE	6:00 - 7:00 pm	Coach Fire
WED	5:15 - 6:15 pm	Coach Victoria
THU	4:30 - 5:30 pm	Coach Sophia
THU	6:15 - 7:15pm	Coach Abbi
SAT	8:30 - 9:30am	Coach Madeleine

1st -3rd gr & Up Gymnastics (7-14 yrs)

MON	7:00 - 8:00 pm	Coach Sophia
THU	7:15 - 8:15pm	Coach Abbi

Shooting Stars Gymnastics (5+ yrs)

Enrollment by invitation or evaluation

MON	5:30 - 7:00 pm	Coach Sophia
WED	6:15 - 7:45pm	Coach Victoria
SAT	9:30 - 11:00am	Coach Madeleine

Ninja Zone

Ninja White (6 - 11 yrs)

THU	5:30 - 6:30pm	Coach Sophia
SAT	10:00 - 11:00 am	Coach Izzy

Power House Programs

Strength, Speed & Agility (6+ yrs)

MON	5:15 - 6:00pm	Coach Tom
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Adv. Strength, Speed & Agility (9+ yrs)

Enrollment by invitation or evaluation

MON	6:00 - 6:45pm	Coach Tom
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Silks

Aerial Silks (ages 7+)

SAT	9:00 - 10:00am	Coach Kyla
SAT	10:00 - 11:00am	Coach Kyla

Cheer

Preschool Cheer (ages 3-5)

SAT	10:00 - 10:45am	Coach Angelica
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Cheer 101 (ages 5 - 10)

THU	6:30 - 7:30 pm	Coach Sophia
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Hyperflex (ages 5+)

SUN	4:15 - 5:00pm	Coach Kaylee
SUN	5:30 - 6:15pm	Coach Kristin
MON	6:00 - 6:45pm	Coach Kristin

Tumbling

Beginner Tumble 1 (4+ yrs)

MON	4:00 - 5:00 pm	Coach Chloe
TUE	5:00-6:00pm	Coach Angelica
TUE	5:45-6:45pm	Coach Chloe
WED	4:15 - 5:15 pm	Coach Victoria
WED	6:15 - 7:15 pm	Coach Abbi
THU	4:30-5:30pm	Coach Izzy
THU	6:30-7:30pm	Coach Chloe

Beg/Inter Tumble 1/2 (4+ yrs)

TUE	7:15-8:15pm	Coach Izzy
SAT	11:00 a - 12:00 p	Coach Madeleine

Intermediate Tumble 2 (5+ yrs)

MON	4:30 - 5:30 pm	Coach Madeleine
MON	7:00 - 8:00 pm	Coach Chloe
WED	5:00 - 6:00pm	Coach Amaris
THU	4:45 - 5:45 pm	Coach Sarah
THU	7:30 - 8:30 pm	Coach Chloe

Inter/Adv Tumble 2/3 (5+ yrs)

SAT	10:45 - 11:45am	Coach Angelica
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Advanced Tumble 3/4/5 (7+ yrs)

MON	4:00 - 5:00 pm	Coach Mario (3/4/5)
TUE	7:00-8:00pm	Coach Angelica (3/4)
FRI	4:00-5:00pm	Coach Mario (3/4/5)