

# 25-26 HALF SEASON CHEER INFORMATION



## *Welcome to the Fire Family!*

### General Information

- We are so excited to have you as a part of our fun and loving Fire Family!
- We are an all star cheerleading program, which means that our teams do not do sideline cheering. Instead, a routine with music is made to compete and includes tumbling, stunting, jumping, and dancing.
- Our newly revamped Half Season cheer program will have both Novice & Prep level teams!
  - **Novice Teams:** Beginners with little to no experience wanting to give all star cheerleading a try before committing to a Full Season team!
  - **Prep Teams:** Recreational and/or experienced cheerleaders wanting to compete and grow their skills in their off-season. Higher-level gymnasts looking to test the waters in cheerleading with a lower commitment than Full Season cheerleading.
- Season runs December-April

### Team Placements

- Everyone makes a team!
- Team Placements are informal, quick evaluations of each athlete's skill level (primarily in tumbling). Cheerleading experience is also a factor (it is ok to have none)!
- Date: November 30
  - 6-7PM: Ages 6-9
  - 7-8PM: Ages 10-15
- REGISTRATION IS REQUIRED! Register today:
  1. Visit [www.myfirehousegym.com](http://www.myfirehousegym.com)
  2. Click on Client Portal
  3. Click on "Booking"
  4. Select "No, just looking"
  5. Find "Half Season Cheer Team Placements"
    - Select the corresponding age group & enroll!

### Practice Times

- Practice times will not be determined until after Team Placements are completed and teams are formed.
- There will be one practice per week and it will be on one of the following days:
  - Friday evenings
  - Saturday mornings
  - Sunday evenings

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## Competitions/Showcase:

- 3 Competitions:
  - **Saturday, 3/7** (one-day competition)
    - *Spirit American Spring Training – Dekalb, IL*
  - **Sunday, 3/8** (one-day competition)
    - *UCE The Wisconsin Royal Weekend – Janesville, WI*
  - **Saturday, 3/14 & Sunday, 3/15** (two-day Nationals)
    - *Xtreme Spirit – Kalahari Nationals – Wisconsin Dells, WI*
- 1 In-House Showcase
  - **Saturday, 4/11**
    - *Fire Finale – Fire House Gym: Johnsburg, IL*

## Uniform/Bow/Apparel

- Each athlete will receive a program t shirt, a competition uniform, and a competition bow.
  - The uniform used this season is the black/white uniform from past seasons.
  - Every athlete will need a new competition bow (unless you are currently enrolled in Sparklers 2025)
- All white, low top cheerleading shoes of your choice can be purchased on your own through Amazon, Payless, Rogans, etc.

## Communication

- All families must download the complimentary communication app, “BAND”. This app is the ONLY method of communication throughout the season.
- Copy/paste URL here to join the Half Season communication/announcement BAND: <https://band.us/n/a5a4bd154e6d3>
- Communication here has already begun!
- The calendar feature of the Half Season BAND will be updated regularly.
- After team placements are completed, all parents will also receive an invite to a team BAND. This can be used for team-specific communication (i.e.: coaches & team parents).

## Attendance

- All practices, showcases and competitions are mandatory. This is especially important due to the short timeline Half Season has to prepare.
- Absences must be communicated to the Program Director & Coaches via BAND messaging.
- Excused absences:
  - School functions resulting in a grade
  - Family emergencies

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- Contagious illness/doctor's note
- Unexcused absences:
  - Birthdays or family gatherings
  - Withholding practice as a disciplinary consequence
  - Other extracurricular activities/ sports
  - No ride to practice
  - Sick or Injured
    - If an athlete is injured, it is still important to attend practice in case any changes are made and to support their team. All athletes are very important!
- ANY absence (excused or unexcused) 7 days prior to a competition may result in the athlete not competing (without a refund).

## Competition Expectations

- Athletes arrive at a scheduled meet time with hair and makeup complete and full uniform on.
- There will be a \$50 fee if an athlete is 20 minutes (or more) late to their report time at competition.

## Practice Expectations

- Enter through the Cheer Lobby entrance (on the side of the building) for team practices
- Enter through the main lobby for tumbling classes.
- Athletes should arrive to practice on time with their hair pulled back in a ponytail, with white cheer shoes on and a labeled water bottle. WATER ONLY in water bottles, please.
- Crop tops or sports bras are not allowed.
- Parents are not allowed inside the gym at any time, no exceptions.
- Parents are welcome to either drop off/pick up athletes or observe from the cheer/gymnastics lobbies during practice.

## Athlete Expectations:

- Athletes represent Fire House Gym inside and outside of the gym. Continue to always display our amazing positivity and role model behavior (including on social media). We will teach our athletes proper sportsmanship and will expect them to display that inside/out of the gym. We support other teams and athletes.

## Parent Expectations:

- Parents are what make this all happen! We love our Fire parents and everything they do for their athletes.



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- Please display positive behavior while observing in the cheer lobby. Wear family-friendly attire at events and competitions where we are representing our gym.
- Support your athlete and the coaches.
- Communicate any special requests/accommodation with the coaches.
- Trust the process and respect the coaches' decisions.

### Pricing & Team Member Incentives

- Sibling Discounts: Team Members receive a 25% discount on each sibling's team tuition.
- Rec Class Discounts: Team members can enroll in a tumbling, hyperflex, gymnastics, or ninja class with a 40% discount!
- FREE unlimited open gym: Team members receive FREE open gym while they are on a team!
- Tuition & Fees:

Tuition/Fees		
Due Date	Fee	Amount
12/1	Semi-Annual Team Fee	\$50
	Competition Bow	\$35
	December Tuition	*\$75-\$95
1/5	Music	\$50
	January Tuition	*\$75-\$95
	**Uniform - Used or New	SEE BELOW
2/2	3/7 & 3/8 Competition Fees	\$200
	February Tuition	*\$75-\$95
3/2	Kalahari Nationals Competition Fee	\$195
	March Tuition	*\$75-\$95
4/6	April Tuition	*\$75-\$95
N/A	UNLIMITED open gym	FREE
	Cheer Program T Shirt	FREE
	In-House Showcase Fee	FREE
*Tuition amount is dependent on practice length and will be determined after Team Placements.		
<b>**The uniform used is the Black/White uniform from last season. If you do <b>NOT</b> have one, you will need to either:</b> 1) Purchase a used uniform on our Facebook page: <i>Fire House Gym - Buy, Sell, Trade (based upon availability)</i> 2) OR purchase a new uniform. The cost for a NEW uniform is \$235 and is due on 1/5.		