

★ Open Gym ★

Wednesday 12:00 - 2:00 pm

Friday* 9:00 - 11:00 am

Friday 7:30 - 9:30 pm

Saturday 5:00 - 7:00 pm

Cost: \$5/hour per child
(under 2 = Free)

***Friday AM - Ages 7 & under ONLY**



Birthday Parties

Packages include:

1 HOUR GYM TIME

Make an obstacle course, jump on trampolines, swing on the bars, and so much more!

30 MINUTES IN PARTY ROOM

Bring your own treats and open gifts

SOUVENIR SHIRT

Signed by your guests

Prices starting at \$175

Tuition

11 Week Session

45 Minute Class

Gymnastics/Strength	\$220.99
Ninja	\$232.32

60 Minute Class

Gymnastics/Tumble	\$232.32
Ninja	\$243.65

90 Minute Class

Shooting Stars Gymnastics	\$288.97
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New Student Registration Fee: \$35

Annual Registration Renewal: \$30

Tuition Discounts

Discounts are calculated in order of highest to lowest tuition costs.

2nd Sibling	10% off
3rd Sibling	15% off
2nd Class (same student)	25% off
3rd class (same student)	50% off

Athletes in our competitive team programs fall under a different discount structure. Contact the front desk for details and registration.

REC CLASS

SCHEDULE



2025 - Session

5/Fall/Winter

11 Weeks

October 26th-January 10th

(815) 759-1400

www.myfirehousegym.com

firehousegym1@aol.com

2506 Hiller Ridge
Johnsburg, IL 60051

Gymnastics

Parent & Me (18 mo - 3 yrs)

WED	9:45 - 10:30 am	Coach Kristin
THU	5:45 - 6:30pm	Coach Kristin
SAT	8:30 - 9:15am	Coach Angelica
SAT	9:15 - 10:00am	Coach Angelica

Preschool Gymnastics (3 - 4 yrs)

MON	5:00 - 5:45 pm	Coach Chloe
MON	6:00 - 6:45 pm	Coach Chloe
TUE	4:15 - 5:00 pm	Coach Angelica
WED	9:45 - 10:30 am	Coach Madeleine
WED	10:45 - 11:30 am	Coach Kristin
WED	5:45 - 6:30 pm	Coach Jessica
THU	4:00 - 4:45 pm	Coach Chloe
THU	5:45 - 6:30 pm	Coach Chloe
SAT	8:30 - 9:15 am	Coach Izzy
SAT	9:15 - 10:00 am	Coach Izzy

Kinder-2nd gr Gymnastics (5 - 8 yrs)

TUE	6:00 - 7:00 pm	Coach Abbi
WED	5:15 - 6:15 pm	Coach Kennedy
THU	4:30 - 5:30 pm	Coach Nina
THU	6:30 - 7:30 pm	Coach Abbi
SAT	8:30 - 9:30am	Coach Madeleine

1st -3rd gr & Up Gymnastics (7-14 yrs)

MON	7:00 - 8:00 pm	Coach Nina
THU	4:00-5:00 pm	Coach Madeleine
SAT	11:00 - 12:00 pm	Coach Madeleine

Shooting Stars Gymnastics (5+ yrs)

Enrollment by invitation or evaluation

MON	5:30 - 7:00 pm	Coach Nina
SAT	9:30 - 11:00am	Coach Madeleine

Ninja Zone

Lil Ninja (3-5)

WED	5:00 - 5:45 pm	Coach Jessica
SAT	10:00 - 11:00 am	Coach Izzy

Ninja White (6 - 11 yrs)

MON	4:15-5:15 pm	Coach Nathan
THU	5:30- 6:30 pm	Coach Nathan
SAT	10:00 - 11:00 am	Coach Izzy

Power House Programs

Strength, Speed & Agility (6+ yrs)

MON	5:15 - 6:00pm	Coach Nathan
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Adv. Strength, Speed & Agility (9+ yrs)

Enrollment by invitation or evaluation

MON	6:00 - 6:45pm	Coach Nathan
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Silks

Aerial Silks (ages 7+)

SAT	9:00 - 10:00am	Coach Kyla
SAT	10:00 - 11:00am	Coach Kyla

Cheer

Preschool Cheer (ages 3-5)

SAT	10:00 - 10:45am	Coach Angelica
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Cheer 101 (ages 5 - 10)

THU	6:30 - 7:30 pm	Coach Nina
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Hyperflex (ages 5+)

SUN	4:15 - 5:00pm	Coach Kaylee
SUN	5:30 - 6:15pm	Coach Kristin
MON	6:00 - 6:45pm	Coach Kristin

Coaches invite only

Tumbling

Beginner Tumble 1 (4+ yrs)

MON	4:00 - 5:00 pm	Coach Chloe
TUE	5:00-6:00pm	Coach Angelica
TUE	5:45-6:45 pm	Coach Fire
WED	4:15 - 5:15 pm	Coach Kennedy
THU	4:30-5:30 pm	Coach Izzy
THU	6:30-7:30 pm	Coach Chloe

Beg/Inter Tumble 1/2 (4+ yrs)

TUE	7:15-8:15 pm	Coach Izzy
THU	7:15- 8:15 pm	Coach Abbi
SAT	11:00 - 12:00 pm	Coach Izzy

Intermediate Tumble 2 (5+ yrs)

MON	4:30 - 5:30 pm	Coach Madeleine
MON	7:00 - 8:00 pm	Coach Chloe
WED	5:00 - 6:00pm	Coach Amaris
WED	6:15 - 7:15 pm	Coach Kennedy
THU	7:30 - 8:30 pm	Coach Chloe
SAT	11:00 - 12:00 pm	Coach Angelica

Advanced Tumble 3/4/5 (7+ yrs)

MON	4:00 - 5:00 pm	Coach Mario (3/4/5)
TUE	7:00-8:00pm	Coach Angelica (3/4)
FRI	4:00-5:00pm	Coach Mario (3/4/5)