

# ★ Open Gym ★

Wednesday 12:00 - 2:00 pm

Friday\* 9:00 - 11:00 am

Friday 7:30 - 9:30 pm

Saturday 5:00 - 7:00 pm

**Cost: \$5/hour per child  
(under 2 = Free)**

**\*Friday AM - Ages 7 & under ONLY**



## Birthday Parties

Packages include:

**1 HOUR GYM TIME**

Make an obstacle course, jump on trampolines, swing on the bars, and so much more!

**30 MINUTES IN PARTY ROOM**

Bring your own treats and open gifts

**SOUVENIR SHIRT**

**Signed by your guests**

**Prices starting at \$175**

## Tuition

### 11 Week Session

#### 45 Minute Class

Gymnastics/Strength	\$220.99
Ninja	\$232.32

#### 60 Minute Class

Gymnastics/Tumble	\$232.32
Ninja	\$243.65

#### 90 Minute Class

Shooting Stars Gymnastics	\$288.97
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**New Student Registration Fee: \$35**

**Annual Registration Renewal: \$30**

#### Tuition Discounts

Discounts are calculated in order of highest to lowest tuition costs.

<b>2nd Sibling</b>	<b>10% off</b>
<b>3rd Sibling</b>	<b>15% off</b>
<b>2nd Class (same student)</b>	<b>25% off</b>
<b>3rd class (same student)</b>	<b>50% off</b>

Athletes in our competitive team programs fall under a different discount structure. Contact the front desk for details and registration.

## REC CLASS SCHEDULE



**2026 - Session 1 Winter**

**11 Weeks**

**January 11<sup>th</sup> - March 26<sup>th</sup>**

**(815) 759-1400**

**[www.myfirehousegym.com](http://www.myfirehousegym.com)**

**[firehousegym1@aol.com](mailto:firehousegym1@aol.com)**

**2506 Hiller Ridge  
Johnsburg, IL 60051**

# Gymnastics

## Parent & Me (18 mo - 3 yrs)

WED	9:45 - 10:30 am	Coach Kristin
THU	5:45 - 6:30 pm	Coach Kristin
SAT	8:30 - 9:15 am	Coach Angelica
SAT	9:15 - 10:00 am	Coach Angelica

## Preschool Gymnastics (3 - 4 yrs)

MON	5:00 - 5:45 pm	Coach Chloe
MON	6:00 - 6:45 pm	Coach Chloe
TUE	4:15 - 5:00 pm	Coach Angelica
WED	9:45 - 10:30 am	Coach Madeleine
WED	10:45 - 11:30 am	Coach Kristin
THU	4:00 - 4:45 pm	Coach Chloe
THU	5:45 - 6:30 pm	Coach Chloe
SAT	8:30 - 9:15 am	Coach Izzy
SAT	9:15 - 10:00 am	Coach Izzy

## Kinder-2nd gr Gymnastics (5 - 8 yrs)

TUE	6:30 - 7:30 pm	Coach Abbi
WED	5:15 - 6:15 pm	Coach Bailey
THU	4:30 - 5:30 pm	Coach Nina
THU	6:15 - 7:15 pm	Coach Abbi
SAT	8:30 - 9:30 am	Coach Madeleine

## 1st -3rd gr & Up Gymnastics (7-14 yrs)

MON	7:00 - 8:00 pm	Coach Nina
WED	5:15 - 6:15 pm	Coach Kennedy
THU	4:00-5:00 pm	Coach Madeleine
SAT	11:00 - 12:00 pm	Coach Madeleine

## Shooting Stars Gymnastics (5+ yrs)

Enrollment by invitation or evaluation

MON	5:30 - 7:00 pm	Coach Nina
SAT	9:30 - 11:00 am	Coach Madeleine

# Ninja Zone

## Lil Ninja (3-5)

WED	5:00 - 5:45 pm	Coach Nathan
SAT	10:00 - 11:00 am	Coach Izzy

## Ninja White (6 - 11 yrs)

WED	5:45 - 6:45 pm	Coach Nathan
THU	5:30-6:30 pm	Coach Nathan
SAT	10:00-11:00 am	Coach Izzy

# Power House Programs

## Strength, Speed & Agility (6+ yrs)

MON	5:15 - 6:00 pm	Coach Nathan
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## Adv. Strength, Speed & Agility (9+ yrs)

Enrollment by invitation or evaluation

MON	6:00 - 6:45 pm	Coach Nathan
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# Silks

## Aerial Silks (ages 7+)

SAT	9:00 - 10:00 am	Coach Kyla
SAT	10:00 - 11:00 am	Coach Kyla

# Cheer

## Preschool Cheer (ages 3-5)

SAT	10:00 - 10:45 am	Coach Angelica
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## Cheer 101 (ages 5 - 10)

THU	6:30 - 7:30 pm	Coach Nina
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## Hyperflex (ages 5+)

SUN	4:15 - 5:00 pm	Coach Kaylee
*SUN	5:30 - 6:15 pm	Coach Kristin*
MON	6:00 - 6:45 pm	Coach Kristin

\*Coaches invite only\*

# Tumbling

## Beginner Tumble 1 (4+ yrs)

MON	4:00 - 5:00 pm	Coach Chloe
TUE	5:00-6:00 pm	Coach Angelica
TUE	5:45-6:45 pm	Coach Bailey
WED	4:15 - 5:15 pm	Coach Kennedy
WED	4:15 - 5:15 pm	Coach Bailey
THU	4:30-5:30 pm	Coach Izzy
THU	6:30-7:30 pm	Coach Chloe
SAT	11:00 - 12:00 pm	Coach Izzy

## Beg/Inter Tumble 1/2 (4+ yrs)

TUE	7:15-8:15 pm	Coach Izzy
THU	7:15- 8:15 pm	Coach Abbi

## Intermediate Tumble 2 (5+ yrs)

MON	4:30 - 5:30 pm	Coach Madeleine
MON	7:00 - 8:00 pm	Coach Chloe
TUE	7:00 - 8:00 pm	Coach Bailey
WED	5:00 - 6:00pm	Coach Amaris
WED	6:15 - 7:15 pm	Coach Kennedy
THU	7:30 - 8:30 pm	Coach Chloe
SAT	8:30 - 9:30 am	Coach Madeleine

## Advanced Tumble 3/4/5 (7+ yrs)

MON	4:00 - 5:00 pm	Coach Mario
TUE	7:00-8:00 pm	Coach Angelica/Amanda
WED	5:00 - 6:00 pm	Coach Amanda
FRI	4:00-5:00 pm	Coach Mario