

★ Open Gym ★

Wednesday 12:00 - 2:00 pm

Friday* 9:00 - 11:00 am

Friday 7:30 - 9:30 pm

Saturday 5:00 - 7:00 pm

Cost: \$5/hour per child
(under 2 = Free)

***Friday AM - Ages 7 & under ONLY**



Birthday Parties

Packages include:

1 HOUR GYM TIME

Make an obstacle course, jump on trampolines, swing on the bars, and so much more!

30 MINUTES IN PARTY ROOM

Bring your own treats and open gifts

SOUVENIR SHIRT

Signed by your guests

Prices starting at \$175

Tuition

11 Week Session

45 Minute Class

Gymnastics/Strength	\$220.99
Ninja	\$232.32

60 Minute Class

Gymnastics/Tumble	\$232.32
Ninja	\$243.65

90 Minute Class

Shooting Stars Gymnastics	\$288.97
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New Student Registration Fee: \$35

Annual Registration Renewal: \$30

Tuition Discounts

Discounts are calculated in order of highest to lowest tuition costs.

2nd Sibling	10% off
3rd Sibling	15% off
2nd Class (same student)	25% off
3rd class (same student)	50% off

Athletes in our competitive team programs fall under a different discount structure. Contact the front desk for details and registration.

REC CLASS

SCHEDULE



2026 - Session 1 Winter

11 Weeks

January 11th - March 26th

(815) 759-1400

www.myfirehousegym.com

firehousegym1@aol.com

2506 Hiller Ridge
Johnsburg, IL 60051

Gymnastics

Parent & Me (18 mo - 3 yrs)

WED	9:45 - 10:30 am	Coach Kristin
THU	5:45 - 6:30 pm	Coach Kristin
SAT	8:30 - 9:15 am	Coach Angelica
SAT	9:15 - 10:00 am	Coach Angelica

Preschool Gymnastics (3 - 4 yrs)

MON	5:00 - 5:45 pm	Coach Chloe
MON	6:00 - 6:45 pm	Coach Chloe
TUE	4:15 - 5:00 pm	Coach Angelica
WED	9:45 - 10:30 am	Coach Madeleine
WED	10:45 - 11:30 am	Coach Kristin
THU	4:00 - 4:45 pm	Coach Chloe
THU	5:45 - 6:30 pm	Coach Chloe
SAT	8:30 - 9:15 am	Coach Izzy
SAT	9:15 - 10:00 am	Coach Izzy

Kinder-2nd gr Gymnastics (5 - 8 yrs)

TUE	6:30 - 7:30 pm	Coach Abbi
WED	5:15 - 6:15 pm	Coach Bailey
THU	4:30 - 5:30 pm	Coach Nina
THU	6:15 - 7:15 pm	Coach Abbi
SAT	8:30 - 9:30 am	Coach Madeleine

1st -3rd gr & Up Gymnastics (7-14 yrs)

MON	7:00 - 8:00 pm	Coach Nina
WED	5:15 - 6:15 pm	Coach Kennedy
THU	4:00-5:00 pm	Coach Madeleine
SAT	11:00 - 12:00 pm	Coach Madeleine

Shooting Stars Gymnastics (5+ yrs)

Enrollment by invitation or evaluation

MON	5:30 - 7:00 pm	Coach Nina
SAT	9:30 - 11:00 am	Coach Madeleine

Ninja Zone

Lil Ninja (3-5)

WED	5:00 - 5:45 pm	Coach Nathan
SAT	10:00 - 11:00 am	Coach Izzy

Ninja White (6 - 11 yrs)

WED	5:45 - 6:45 pm	Coach Nathan
THU	5:30-6:30 pm	Coach Nathan
SAT	10:00-11:00 am	Coach Izzy

Power House Programs

Strength, Speed & Agility (6+ yrs)

MON	5:15 - 6:00 pm	Coach Nathan
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Adv. Strength, Speed & Agility (9+ yrs)

Enrollment by invitation or evaluation

MON	6:00 - 6:45 pm	Coach Nathan
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Silks

Aerial Silks (ages 7+)

SAT	9:00 - 10:00 am	Coach Kyla
SAT	10:00 - 11:00 am	Coach Kyla

Cheer

Preschool Cheer (ages 3-5)

SAT	10:00 - 10:45 am	Coach Angelica
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Cheer 101 (ages 5 - 10)

THU	6:30 - 7:30 pm	Coach Nina
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Hyperflex (ages 5+)

SUN	4:15 - 5:00 pm	Coach Kaylee
SUN	5:30 - 6:15 pm	Coach Kristin
MON	6:00 - 6:45 pm	Coach Kristin

Coaches invite only

Tumbling

Beginner Tumble 1 (4+ yrs)

MON	4:00 - 5:00 pm	Coach Chloe
TUE	5:00-6:00 pm	Coach Angelica
TUE	5:45-6:45 pm	Coach Bailey
WED	4:15 - 5:15 pm	Coach Kennedy
WED	4:15 - 5:15 pm	Coach Bailey
THU	4:30-5:30 pm	Coach Izzy
THU	6:30-7:30 pm	Coach Chloe
SAT	11:00 - 12:00 pm	Coach Izzy

Beg/Inter Tumble 1/2 (4+ yrs)

TUE	7:15-8:15 pm	Coach Izzy
THU	7:15- 8:15 pm	Coach Abbi

Intermediate Tumble 2 (5+ yrs)

MON	4:30 - 5:30 pm	Coach Madeleine
MON	7:00 - 8:00 pm	Coach Chloe
TUE	7:00 - 8:00 pm	Coach Bailey
WED	5:00 - 6:00pm	Coach Amaris
WED	6:15 - 7:15 pm	Coach Kennedy
THU	7:30 - 8:30 pm	Coach Chloe
SAT	8:30 - 9:30 am	Coach Madeleine

Advanced Tumble 3/4/5 (7+ yrs)

MON	4:00 - 5:00 pm	Coach Mario
TUE	7:00-8:00 pm	Coach Angelica/Amanda
WED	5:00 - 6:00 pm	Coach Amanda
FRI	4:00-5:00 pm	Coach Mario