

FIRE HOUSE GYM

26/27

Full Season
Cheerleading

Info Packet



WWW.MYFIREHOUSEGYM.COM

(815) 759-1400

FIREHOUSE.JACLYN@GMAIL.COM



@FIRE HOUSE GYM CHEER

♥ WELCOME TO FIRE HOUSE GYM

HERE, YOU ARE NOT JUST A NUMBER

WELCOME TO THE 2026–2027 FULL SEASON CHEER PROGRAM!

AT FIRE HOUSE GYM, WE PROUDLY OFFER A FAMILY-FRIENDLY CULTURE WITH A COMPETITIVE EDGE. WE BELIEVE ATHLETES PERFORM THEIR BEST WHEN THEY FEEL SUPPORTED, VALUED, AND CHALLENGED.

HERE, YOU ARE NOT JUST A NUMBER. EVERY ATHLETE MATTERS. EVERY FAMILY MATTERS. FROM TINY THROUGH SENIOR LEVELS, ATHLETES ARE WELCOMED WITH OPEN ARMS AND COACHED WITH STRUCTURE, INTENTION, AND CARE. OUR PROGRAM COMBINES HIGH STANDARDS WITH GENUINE ENCOURAGEMENT. WE ARE COMMITTED TO DEVELOPING CONFIDENT ATHLETES, STRONG TEAMS, AND A POSITIVE, DRIVEN ENVIRONMENT WHERE GROWTH AND ACCOUNTABILITY ARE EXPECTED.

WE ARE EXCITED FOR THE SEASON AHEAD AND LOOK FORWARD TO GROWING TOGETHER.

♥ PROGRAM PHILOSOPHY & CULTURE

OUR PROGRAM PHILOSOPHY

AT FIRE HOUSE GYM, WE BELIEVE IN BUILDING CONFIDENT ATHLETES, STRONG LEADERS, AND SUPPORTIVE TEAMMATES. OUR PROGRAM IS BUILT ON ENCOURAGEMENT, ACCOUNTABILITY, GROWTH, AND TEAMWORK. CHEERLEADING IS A UNIQUE TEAM SPORT. EVERY ATHLETE PLAYS A VITAL ROLE, AND TEAM SUCCESS IS BUILT THROUGH CONSISTENCY, COMMITMENT, AND TRUST IN ONE ANOTHER. WHEN ATHLETES SHOW UP PREPARED AND DEDICATED, TEAMS GROW STRONGER.

POSITIVE CULTURE & ATHLETE RECOGNITION

WE INTENTIONALLY CREATE AN ENVIRONMENT WHERE ATHLETES FEEL ENCOURAGED, SUPPORTED, AND CELEBRATED. POSITIVE REINFORCEMENT BUILDS CONFIDENT COMPETITORS. THROUGHOUT THE SEASON, ATHLETES WILL EXPERIENCE:

- 🔥 ATHLETES ON FIRE RECOGNITION – ATHLETES ARE HIGHLIGHTED FOR LEADERSHIP, WORK ETHIC, POSITIVE ATTITUDE, AND GROWTH.
- 🔔 NEW SKILL BELL – ATHLETES RING THE BELL WHEN THEY EARN A NEW SKILL, CELEBRATING MILESTONES WITH THEIR TEAMMATES.
- 🗣️ PROGRAM-WIDE CHANT – OUR TEAMS PARTICIPATE IN A CHANT INCORPORATING WORDS OF AFFIRMATION TO REINFORCE CONFIDENCE AND UNITY.
- 🍷 TEAM BONDING ACTIVITIES – BUILT-IN OPPORTUNITIES THROUGHOUT THE SEASON TO STRENGTHEN FRIENDSHIPS AND TRUST.
- 🎂 MONTHLY BIRTHDAY BOARD – ALL ATHLETE BIRTHDAYS ARE DISPLAYED MONTHLY ON OUR GYM BULLETIN BOARD.
- 🎉 BIRTHDAY CIRCLE (OPTIONAL) – ATHLETES WHO WOULD LIKE TO BE RECOGNIZED MAY PARTICIPATE IN A SPECIAL BIRTHDAY CIRCLE CELEBRATION.

WHILE WE MAINTAIN HIGH EXPECTATIONS AND A COMPETITIVE STANDARD, WE NEVER LOSE SIGHT OF MAKING EACH ATHLETE FEEL VALUED AND PART OF SOMETHING BIGGER THAN THEMSELVES.

GENERAL INFORMATION

- COMPETITIVE CHEER TEAMS FOR ATHLETES AGES 5-19 (BOYS AND GIRLS WELCOME).
- NOVICE, PREP, AND ELITE TEAMS OFFERED BASED ON EVALUATIONS.
- TEAMS AVAILABLE FOR BEGINNERS THROUGH ADVANCED ATHLETES.
- SEASON RUNS MAY 2026 – APRIL 2027.
- ATHLETES WILL ATTEND 6-8 COMPETITIONS, SOME REQUIRING OVERNIGHT STAYS.

COMMITMENT LEVEL

WEEK-TO-WEEK SCHEDULE

- TEAMS PRACTICE 2 DAYS PER WEEK.
- ALL TEAM MEMBERS TAKE A MANDATORY 1 HOUR TUMBLING CLASS PER WEEK.
- FLYERS TAKE A 45 MINUTE MANDATORY FLYER CLASS PER WEEK.
- PRACTICES MAY BE HELD ANY DAY OF THE WEEK, INCLUDING WEEKENDS.
- ADDITIONAL PRACTICES MAY BE ADDED AT THE COACHES' DISCRETION.
- SOME SUMMER PRACTICES MAY BE HELD IN THE MORNINGS.
- ALL PRACTICES ARE MANDATORY.

CHOREOGRAPHY/STUNT CAMPS

- ALL TEAMS PARTICIPATE IN A MANDATORY 2-3 DAY CHOREOGRAPHY CAMP OVER THE SUMMER.
- MINI, YOUTH, JUNIOR & SENIOR TEAMS PARTICIPATE IN A MANDATORY 2-3 DAY STUNT SKILLS CAMP OVER THE SUMMER.

COMPETITIONS

FULL SEASON TEAMS WILL ATTEND 6-8 COMPETITIONS THROUGHOUT THE YEAR.

- SOME COMPETITIONS REQUIRE OVERNIGHT HOTEL STAYS.
- ALL REGULAR SEASON EVENTS ARE WITHIN DRIVING DISTANCE.
- TRAVEL TEAMS WILL ALSO COMPETE IN FLORIDA.
- A TEAM VOTE WILL BE TAKEN AFTER TEAMS ARE FORMED TO DETERMINE WHETHER AN ADDITIONAL TRAVEL EVENT (OUTSIDE OF FLORIDA) WILL BE ADDED TO THE SCHEDULE.
- COMPETITION DATES WILL BE RELEASED BY THE BEGINNING OF FALL AT THE LATEST.

ATHLETES THAT ARE SELECTED FOR A TRAVEL TEAM, WILL PARTICIPATE IN AN END-OF-SEASON EVENT IN FLORIDA IN APRIL 2027. ADDITIONAL DETAILS WILL BE PROVIDED TO THOSE TEAMS ONCE SELECTIONS ARE FINALIZED.

ALL ATHLETES ARE REQUIRED TO ATTEND EVERY SCHEDULED COMPETITION. DUE TO THE TEAM-BASED NATURE OF CHEERLEADING, ABSENCES SIGNIFICANTLY IMPACT STUNT GROUPS AND OVERALL PERFORMANCE. ATHLETES ARE EXPECTED TO COMPETE EVEN IF THEY ARE NOT FEELING WELL, UNLESS THERE IS A SERIOUS MEDICAL CONDITION OR EMERGENCY.

COMPETITIONS ARE AN EXCITING PART OF THE SEASON AND A CHANCE FOR ATHLETES TO SHOWCASE THEIR HARD WORK, GROWTH, AND TEAM UNITY.

✨ WHAT'S NEW FOR 2026-2027

- ALL ATHLETES WILL RECEIVE NEW UNIFORMS THIS SEASON.
- ATHLETES WHO PAY FOR THEIR SEASON IN FULL WILL RECEIVE A FREE UNIFORM.
- MINI TEAMS WILL RECEIVE PROFESSIONAL ROUTINE CHOREOGRAPHY AND WILL PARTICIPATE IN STUNT CAMP.
- FLYER TECHNIQUE CLASSES ARE NOW 45 MINS IN LENGTH, AND FLYERS WILL SELECT ONE CLASS TIME THAT FITS THEIR SCHEDULE.
- TINY PREP TEAMS WILL PRACTICE FOR 1 HOUR AND 15 MINUTES.
- THERE IS A POSSIBILITY THAT A TINY AND/OR MINI TRAVEL TEAM MAY BE FORMED IF THERE IS ENOUGH INTEREST IN TRAVEL AND IF TEAMS CAN SUCCESSFULLY BE BUILT.
- A NEW EQUAL MONTHLY PAYMENT SCHEDULE WILL BE USED FOR ALL FAMILIES.

♥ ATTENDANCE & ACCOUNTABILITY

ALL CAMPS AND COMPETITIONS ARE MANDATORY.
THE ONLY EXCUSED PRACTICE ABSENCES PERMITTED ARE:

- PRE-PLANNED, OUT-OF-TOWN ABSENCES
- FEVER OR VOMITING WITHIN 24 HOURS OF PRACTICE
- DOCUMENTED MEDICAL EMERGENCY
- DOCUMENTED SCHOOL EVENT AS A GRADE

ATHLETES ARE EXPECTED TO ATTEND PRACTICE EVEN IF THEY ARE NOT FEELING 100%, UNLESS THEY HAVE HAD A FEVER OR VOMITING WITHIN 24 HOURS OF PRACTICE. THIS HELPS PROTECT THE HEALTH OF THE ENTIRE TEAM WHILE MAINTAINING CONSISTENCY IN TRAINING.

COMMUNICATION & NOTICE

PROPER NOTICE IS ESSENTIAL.

- AT LEAST **ONE WEEK'S NOTICE IS PREFERRED** FOR ANY KNOWN ABSENCE SO COACHES CAN APPROPRIATELY LESSON PLAN AND FIND A SUBSTITUTE IF NEEDED.
- **ALL PLANNED AND UNPLANNED ABSENCES MUST BE SUBMITTED THROUGH THE OFFICIAL ABSENCE FORM.** FAILURE TO COMPLETE THE FORM WILL RESULT IN AN UNEXCUSED ABSENCE.
- FORMAL COMMUNICATION IS REQUIRED — VERBAL MESSAGES THROUGH ATHLETES OR INFORMAL TEXTS WILL NOT BE ACCEPTED AS PROPER NOTICE.

LAST-MINUTE NOTICE MAY RESULT IN THE ABSENCE BEING UNEXCUSED UNLESS IT FALLS UNDER THE ILLNESS OR EMERGENCY GUIDELINES LISTED ABOVE.

WHY ATTENDANCE MATTERS

EACH ATHLETE'S ROLE CONNECTS DIRECTLY TO THEIR STUNT GROUP AND THE TEAM AS A WHOLE. WHEN ONE ATHLETE IS ABSENT:

- A STUNT GROUP CANNOT SAFELY PRACTICE WITHOUT ALL MEMBERS PRESENT.
- TIMING, SPACING AND CHOREOGRAPHY ARE DISRUPTED.
- TEAMMATES LOSE VALUABLE REPETITIONS.
- THE ENTIRE TEAM'S PROGRESS IS AFFECTED.

CONSISTENT ATTENDANCE DIRECTLY IMPACTS TEAM SAFETY, DEVELOPMENT, AND COMPETITIVE SUCCESS.

PRACTICES TAKE PRIORITY OVER BIRTHDAYS, FAMILY GATHERINGS, AND OTHER EXTRACURRICULAR ACTIVITIES.

ATTENDANCE BENCHMARKS

- MORE THAN 3 ABSENCES → WRITTEN ATTENDANCE NOTIFICATION
- MORE THAN 5 ABSENCES → REQUIRED PARENT/ATHLETE MEETING
- MORE THAN 7 ABSENCES → MAY RESULT IN OMISSION FROM A COMPETITION AND/OR REMOVAL FROM THE TEAM

OUR GOAL IS NOT PUNISHMENT, BUT PROTECTING THE INTEGRITY, SAFETY, AND SUCCESS OF EVERY TEAM. CHEERLEADING IS A UNIQUE TEAM SPORT, AND EVERY ATHLETE'S COMMITMENT MATTERS.

VACATIONS & CALENDAR PLANNING

THE 2026-2027 CALENDAR IS PROVIDED TO ASSIST FAMILIES IN PLANNING VACATIONS. PLEASE:

- SCHEDULE VACATIONS AROUND STUNT CAMP AND CHOREOGRAPHY CAMP.
- AVOID MISSING PRACTICES THE WEEK OF COMPETITIONS.
- ANTICIPATE COMPETING BETWEEN NOVEMBER-APRIL.
- AVOID BOOKING VACATIONS DURING NOVEMBER-APRIL UNTIL THE COMPETITION SCHEDULE IS RELEASED (END OF SUMMER/BEGINNING OF FALL).

PLANNING AHEAD ENSURES ATHLETES DO NOT MISS CRITICAL TEAM PREPARATION.

MANDATORY DATES (EXCLUDING COMPETITIONS)

- MAY 4-7 & MAY 11-14 – TEAM PLACEMENTS
- MAY 17 – TEAM REVEAL
- MAY 18 – PRACTICES BEGIN

STUNT SKILLS CAMP

- JUNE 22 – JULY 1 (MINI/YOUTH/JUNIOR/SENIOR TEAMS)

CHOREOGRAPHY CAMP

- JULY TBD – TINY TEAMS
- JULY 20-24 – MINI TEAMS
- AUGUST 3-7 – YOUTH/JUNIOR/SENIOR TEAMS

NO PRACTICE (BOOK THOSE VACATIONS!)

- **MAY 25** – MEMORIAL DAY
- **JULY 2-JULY 6** – 4TH OF JULY BREAK
- **SEPTEMBER 7** – LABOR DAY
- **NOVEMBER 23-NOVEMBER 29** – THANKSGIVING BREAK
- **DECEMBER 23-DECEMBER 26** – CHRISTMAS BREAK
- **DECEMBER 31 & JANUARY 1** – NEW YEAR'S BREAK
- **MARCH 28-APRIL 3** – SPRING BREAK

TEAM PLACEMENTS

REGISTER NOW!

PRE-REGISTRATION IS REQUIRED. REGISTRATION IS FREE.

ALL ATHLETES MUST ALSO COMPLETE A MANDATORY ATHLETE INTEREST SURVEY, WHICH CAN BE FOUND ON THE FULL SEASON CHEERLEADING PAGE OF OUR WEBSITE.

HOW TO REGISTER

1. VISIT WWW.MYFIREHOUSEGYM.COM
2. CLICK CLIENT PORTAL
3. CLICK ON CLASSES. CLEAR YOUR FILTERS.
4. SEARCH FOR CHEER TEAM PLACEMENT REGISTRATION (BY BIRTH YEAR)
5. COMPLETE THE ATHLETE INTEREST SURVEY (LOCATED UNDER THE FULL SEASON CHEERLEADING PAGE)
6. JOIN THE 26/27 FULL SEASON CHEER BAND (LINK IS PROVIDED AT REGISTRATION). THIS IS CRITICAL, AS ALL PROGRAM COMMUNICATION WILL PROMPTLY BEGIN HERE.

IMPORTANT NOTES

- YOUR BIRTH YEAR DETERMINES YOUR ASSIGNED TIME SLOT.
- A CONFIRMATION EMAIL WILL INCLUDE YOUR SCHEDULED TIME.
- IF YOU ARE UNABLE TO ATTEND ANY PLACEMENT DATES, EMAIL FIREHOUSE.JACLYN@GMAIL.COM TO SCHEDULE A PRIVATE EVALUATION.

2026/2027 AGE GROUP DIVISIONS

26/27 Age Grid	
Birth Year	Division
2019-2021	Tiny
2017 & 2018	Mini
2013-2016	Youth
2010-2012	Junior
2007-2009	Senior

PLACEMENT PROCESS

EACH ATHLETE WILL ATTEND ONE ASSIGNED DAY FOR PART 1 (JUMPS & TUMBLING) AND WILL BE SCHEDULED FOR 2-4 DAYS OF PART 2 (STUNTING) BASED ON EVALUATION NEEDS.

PART 1: JUMPS & TUMBLING (MAY 4-7)

ATHLETES WILL SHOWCASE:

- TOE TOUCH
- 1 STANDING TUMBLING PASS
- 1 RUNNING TUMBLING PASS

YOUR ATHLETE MAY BE ASKED TO PERFORM AN ADDITIONAL TUMBLING PASS(ES).

PART 2: STUNTING (MAY 11-14)

ATHLETES WILL ATTEND ASSIGNED GROUP STUNT SESSIONS.

PART 2 TIME ASSIGNMENTS WILL BE COMMUNICATED IN BAND BY MAY 3.

TEAM FORMATION CRITERIA

TEAMS ARE FORMED WITH CONSIDERATION OF THE FOLLOWING:

- BIRTH YEAR
- ATHLETE TUMBLING LEVEL, BASED UPON THE OPEN SCORING RUBRIC
- ATHLETE TUMBLING TECHNIQUE
- STUNTING EXPERIENCE
- BASE/BACKSPOT STRENGTH/TECHNIQUE
- FLYER BODY CONTROL/FLEXIBILITY
- ATTITUDE
- WORK ETHIC
- PREVIOUS SEASONS' ATTENDANCE
- PREVIOUS SEASONS' PARTICIPATION IN AD-HOC OR WEEKLY HOMEWORK
- JUMP TECHNIQUE
- CONTRIBUTION TO FIRE HOUSE GYM'S CULTURE AND MISSION

COACHES UTILIZE EVALUATION RUBRICS TO CREATE STRONG, FAIR, AND COMPETITIVE TEAM COMBINATIONS.

TEAM ROSTERS AND DIVISIONS ARE NEVER FINAL AND WILL CHANGE THROUGHOUT THE SEASON.

♥ TUITION/FEES, TEAM MEMBER BENEFITS, & PAYMENT PLAN

TEAM MEMBER BENEFITS

FULL SEASON CHEERLEADERS RECEIVE:

- EXCLUSIVE ACCESS TO OUR CHEER TUMBLE PROGRAM (ALLOWING FLEXIBLE SCHEDULING OPTIONS)
- EXCLUSIVE ACCESS TO FLYER TECHNIQUE CLASSES
- **FREE UNLIMITED OPEN GYM**
- ADDITIONAL **RECREATIONAL CLASSES AT 40% OFF**

FUNDRAISING

- **MULTIPLE FUNDRAISERS WILL BE OFFERED THROUGHOUT THE SEASON.**
- OPTIONAL FUNDRAISERS ARE ORGANIZED BY OUR FUNDRAISING COMMITTEE, A VOLUNTEER-LED GROUP.
- THERE WILL BE OPPORTUNITIES FOR FAMILIES TO VOLUNTEER AND BE PART OF THE COMMITTEE.
- FIRE HOUSE GYM DOES NOT PROFIT FROM FUNDRAISING EFFORTS.
- **ALL FUNDS RAISED GO DIRECTLY INTO THE INDIVIDUAL ATHLETE'S ACCOUNT AND ARE NOT POOLED.**

SIBLING DISCOUNTS

FAMILIES WITH MULTIPLE CHEERLEADERS WILL RECEIVE A DISCOUNTED TUITION RATE, CREDITED SEPARATELY TO THE SIBLING ACCOUNT. THE DISCOUNT WILL BE A MONTHLY CREDITED FLAT RATE, EQUIVALENT TO 25% OFF THE MONTHLY TEAM AND REQUIRED TUMBLING TUITION.

THE HIGHEST TUITION WILL BE PAID AT FULL PRICE. THE DISCOUNT WILL APPLY TO THE SIBLING(S) WITH THE LOWER TUITION AMOUNT.

EARN A FREE UNIFORM!

FAMILIES WHO PAY THE SEASON IN FULL BY JUNE 1, 2026 WILL RECEIVE A **FREE UNIFORM** (EACH SIBLING THAT PAYS IN FULL WILL RECEIVE A FREE UNIFORM).

FEES & TUITION

Age Group	Monthly Tuition	Tumbling Class	Unlimited Open Gym	T Shirt	Bow	Uniform	Annual Team Fee	Stunt/Music/Choreo Fee	Competition Fees
Tiny	\$168 Novice	FREE	FREE	FREE	\$35	\$235	\$100	\$100	TBD
	\$184 Prep								
Mini	\$199 Prep	FREE	FREE	FREE	\$35	\$235	\$165	\$475	TBD
Youth/ Junior/Senior	\$199 Prep	FREE	FREE	FREE	\$35	\$235	\$220	\$525	TBD
	\$231 Elite								

*FLYERS ARE REQUIRED TO TAKE A WEEKLY FLYER CLASS FOR **\$35/MONTH**.

*TEAMS THAT ATTEND AN END-OF-SEASON FLORIDA EVENT WILL INCUR A **\$330** COACHES FEE, IN ADDITION TO TRAVEL/LODGING EXPENSES AND COMPETITION FEE..

PAYMENT SCHEDULE - MONTHLY TUITION & FEES

MONTHLY FEES AND TUITION ARE DUE ON THE FIRST MONDAY OF EACH MONTH.

****EXCEPTION: MAY TUITION AND FEES ARE DUE ON 5/18. YOU ARE WELCOME TO ADD PAYMENT AS A CREDIT BEFORE THIS DATE TO HELP WITH BUDGETING YOUR EXPENSES WITH THE SHORT 2-WEEK TURNAROUND TIME FROM MAY-JUNE.**

EACH FAMILY'S MONTHLY PAYMENT WILL INCLUDE:

- TEAM TUITION
- TUMBLING TUITION (1 CLASS PER WEEK)
- STUNT CAMP FEES
- CHOREOGRAPHY FEES
- MUSIC FEES
- COMPETITION FEES

THESE COSTS WILL BE COMBINED INTO 12 EQUAL MONTHLY PAYMENTS TO SIMPLIFY BUDGETING.

THE TOTAL MONTHLY AMOUNT WILL BE DETERMINED AFTER TEAM PLACEMENTS, AS IT DEPENDS ON:

- THE TEAM YOUR ATHLETE IS PLACED ON
- WHETHER YOUR ATHLETE IS A FLYER
- SIBLING DISCOUNTS

OUR GOAL IS TO PROVIDE FAMILIES WITH A CONSISTENT, PREDICTABLE PAYMENT STRUCTURE THAT MAKES PLANNING FOR THE SEASON EASIER.

FEES NOT INCLUDED IN MONTHLY PAYMENT SCHEDULE

THE FOLLOWING FEES ARE SEPARATE AND **NOT** INCLUDED IN THE 12 MONTHLY INSTALLMENTS:

- **DUE MAY 18;** ANNUAL TEAM FEE
- **DUE JULY 6:** UNIFORM FEE
- **DUE AUGUST 3:** COMPETITION BOW

THESE FEES WILL BE DUE **IN ADDITION TO** MONTHLY TUITION/FEES.

26-27 CHEER CALENDAR



GYM CLOSURES

Memorial Day: 5/25

4th of July: 7/2 - 7/6

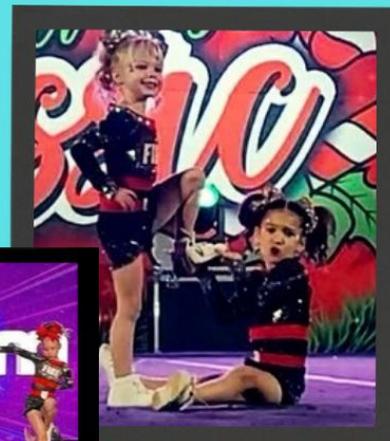
Labor Day: 9/7

Thanksgiving Break: 11/23 - 11/29

Christmas Break: 12/23 - 12/26

New Years: 12/31 & 1/1

Spring Break: 3/28-4/3



PARENT MEETINGS

Returning Parents: 4/29

New Full Season Parents: 4/30

TEAM PLACEMENTS

5/4 - 5/6 AND 5/11 - 5/14

Athletes will attend 1-2 days
BOTH weeks

TEAM REVEAL

5/17

PRACTICES BEGIN

5/18

Practices will be 2 days per week.
Practice schedule will be
determined at Team Reveal.

STUNT CAMP

Mini/Youth/Junior/Senior teams:
6/22 - 7/1(2-3days)

Subject to change

CHOREOGRAPHY CAMP

Tiny teams: July TBD (3 days)
Mini teams: 7/20-7/24 (3 days)
Youth/Junior/Senior teams:
8/3 - 8/7 (2 days)

Subject to change